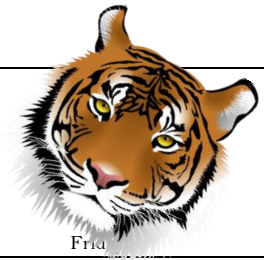


Wellington-Napoleon R-IX School
September 2023
Breakfast & Lunch Menus



Monday	Tuesday	Wednesday	Thursday	Friday
1				1
<i>*This Institution is an equal opportunity provider</i>				<i>Biscuits & Gravy, Milk & Juice</i> <i>BBQ Pork Sandwich</i> <i>Baked Beans</i> <i>Fruit</i> <i>1% white milk or fat free choc. milk</i>
4	5	6	7	8
NO SCHOOL	<i>French Toast, Milk, & Juice</i> <i>Corn Dog</i> <i>Broccoli</i> <i>Graham Cracker</i> <i>Fruit</i> <i>1% white milk or fat free choc. milk</i>	<i>Egg & Cheese Biscuit, Milk, & Juice</i> <i>Chicken Quesadilla</i> <i>Rice</i> <i>Fruit</i> <i>1% white milk or fat free choc. milk</i>	<i>Breakfast Burrito, Milk, & Juice</i> <i>Deli Sandwich</i> <i>Green Beans</i> <i>Fruit</i> <i>1% white milk or fat free choc. milk</i>	<i>Biscuits & Gravy, Milk & Juice</i> <i>Hot Dog</i> <i>Green Beans</i> <i>Fruit</i> <i>1% white milk or fat free choc. milk</i>
11	12	13	14	15
<i>Breakfast Pizza, Milk, & Juice</i> <i>Burrito</i> <i>Black Beans</i> <i>Garden Salad</i> <i>Fruit</i> <i>1% white milk or fat free choc. milk</i>	<i>French Toast, Milk, & Juice</i> <i>Grilled Cheese</i> <i>Broccoli</i> <i>Fruit</i> <i>1% white milk or fat free choc. milk</i>	<i>Sausage & Egg Biscuit, Milk, & Juice</i> <i>Chicken Taco</i> <i>Corn</i> <i>Fruit</i> <i>1% white milk or fat free choc. milk</i>	<i>Waffles, Milk, & Juice</i> <i>McRib</i> <i>Green Beans</i> <i>Fruit</i> <i>1% white milk or fat free choc. milk</i>	<i>Biscuits & Gravy, Milk, & Juice</i> <i>Sloppy Joe</i> <i>French Fries</i> <i>Fruit</i> <i>1% white milk or fat free choc. milk</i>
18	19	20	21	22
NO SCHOOL	<i>French Toast, Milk, & Juice</i> <i>Pepperoni Pizza</i> <i>Garden Salad</i> <i>Fruit</i> <i>1% white milk or fat free choc. milk</i>	<i>Egg & Cheese Biscuit, Milk, & Juice</i> <i>Chicken Sandwich</i> <i>Broccoli</i> <i>Fruit</i> <i>1% white milk or fat free choc. milk</i>	<i>Pancakes, Milk, & Juice</i> <i>Crispito</i> <i>Rice</i> <i>Fruit</i> <i>1% white milk or fat free choc. milk</i>	<i>Biscuits & Gravy, Milk, & Juice</i> <i>Beef Nachos</i> <i>Green Beans</i> <i>Fruit</i> <i>1% white milk or fat free choc. milk</i>
25	26	27	28	29
<i>Breakfast Pizza, Milk, & Juice</i> <i>Chicken Nuggets</i> <i>Broccoli</i> <i>Fruit</i> <i>1% white milk or fat free choc. milk</i>	<i>French Toast, Milk, & Juice</i> <i>Cheeseburger</i> <i>French Fries</i> <i>Fruit</i> <i>1% white milk or fat free choc. milk</i>	<i>Sausage & Egg Biscuit, Milk, & Juice</i> <i>Chicken Fajita</i> <i>Corn</i> <i>Crackers</i> <i>Fruit</i> <i>1% white milk or fat free choc. milk</i>	<i>Pancakes on a Stick, Milk, & Juice</i> <i>Spaghetti</i> <i>Salad</i> <i>Bread Stick</i> <i>Fruit</i> <i>1% white milk or fat free choc. milk</i>	<i>Biscuits & Gravy, Milk, & Juice</i> <i>Chicken Nachos</i> <i>Black Beans</i> <i>Fruit</i> <i>1% white milk or fat free choc. milk</i>